



Autumn

Our latest Newsletter with details of Developments, activities and outings etc

REMINDER

**Haven Day Centre is closed to all
w/c 23 & 30 December.**

There has been much going on in recent months (only a fraction here) and we also have a new website www.havendc.org.uk, where newsletters and other news will be posted each month, time permitting!

Haven Day Centre is the working name of DCF Premier Workshops Trust
Registered Charity No 1059468

Activities

Trips, Outings and Events

Comments from our members following two summer BBQ's.

- I had a lovely burger, it was great. The best I have had in a long time. The strawberry gateaux was superb. It was a shame we couldn't sit outside but I had a nice day. EO
- Compliments to the chefs. SG
- I had a nice time. I liked the food. LA
- It was good. The food was nice. DE
- I liked the BBQ but there were a lot of wasps. DR

At one of the BBQ's we invited our friends from Silva Care to join us.

Member Matters

Lunches - We are grateful, that on the whole, packed lunches received from care homes, now conform to the strict requirements, usually as required by the SALT team. Thank you.

Care Plans - are ongoing and the production of these, with photos, is usually undertaken by a volunteer. Many members look forward to these and having an opportunity of inviting family or carers in for such meetings.

Music sessions - We have been enjoying some lovely (lively!) music sessions with our members, singing songs from the 40's, 50's and 60's. Some of the members have been playing along with tambourines and drums, and two members are very good at joining in on the ukuleles.

A few weeks ago, we had a visit from Paul's mother and aunty who is from Rockhampton in Australia. They played violin and

accordion with us and sang lots of songs that were well known by the members. We are planning to have some 'Sing-along' sessions in the next few months with songs from the musicals and some of the bands that are popular with our members.

Spare /change of clothing We used to have sets of spare clothing here for some of our members to use when necessary but over the years all have been used up with the majority, over time, not being returned to us. Therefore, we are reliant of spare sets being provided by carers for those times when spare sets might be needed. I can enquire whether a clothing charity shop might supply some sets but prefer if members had spare sets that they knew were their own.

Transport

Thank you to our members, carers and families for bearing with us and for your understanding during recent months of constant maintenance and availability issues with the minibuses we lease from Bristol Community Transport. There have been meetings between both parties.

Not directly related, but we may have a need to look at alternative provision in the coming months.

Many of you will know that few Centres provide or run minibuses and yet for 95% that attend our Centre, it is an essential requirement.

You may also be aware of the considerable costs involved in providing transport, especially vehicles which are adapted. (Many minibuses are not suitable or adapted to suit our purposes). More news on this in due course.

Staffing and Volunteers

Volunteers

With immediate effect, can all volunteers who need to contact Lisa or the office, either phone the main number during opening hours or leave a message. Or you may txt the office mobile phone. Please do not use staff personal mobile numbers. (See contact details P8)

Lloyds Bank PLC Volunteers visited on 4 September, with further teams expected in the coming weeks. (One person travelled from Taunton!)

They plan to undertake further garden works, and on a day we are closed to members, to paint the main corridor. Without their ongoing support (many of the volunteers have been coming for 4yrs) we could not keep on top of the amount of gardening required or have been able to construct garden equipment, nor to have freshly painted walls every few years.

Students from St Brendan's 6th form College are set to return in October. Each student visits for a one-day placement as part of their social care studies. We are hoping that one or two students might undertake work experience with us in December, and not just in Care, but with other administrative, publication or form design.

We have received positive feedback from the students and most categories on their feedback forms were rated 'Excellent'.

Jane continues to support us in the production of Care Plans and taking notes in the actual meeting themselves.

Volunteer Vacancies

We are looking for a skilled administrative volunteer who could give us half a day each week (or a day a fortnight) to help with a variety of tasks, including documents, newsletters, records, (perhaps updating our website each month!) and more.

We would also be interested to hear from someone with a flair for finances (assistant treasurer/bookkeeper) or for gardening.

If you are interested in any volunteer position please email lisa.perkins@havendc.org.uk stating the position that interests you and she will follow up with an application form/more information.

Thank You

We are also grateful to grant-making bodies and a couple of individuals for their generosity in funding other outings, equipment or other items in recent months and to Quartet for funding the recommencement of our Learning and Development modules for a term. More in our next newsletter or online.

Fellowship meetings

We have between 8-12 members attending the fellowship group meetings, held from Tuesday to Thursday from 1-2pm.

The members love to make a joyful sound in worship using instruments such as drums and tambourines. Paul is an excellent worship leader doing both old and new songs.

A number of new members have attended some of these meetings often attracted by the vibrant worship. We have encouraged members to say short prayers saying “Thank you” and “Please”.

This term on a Tuesday and Thursday we have looked at the Fruits of the Spirit from Galatians: Love, Joy, Peace, Patience, Kindness, Gentleness and Self-Control.

The members have been involved in a number of activities to reinforce the discussions. This includes making fruits of the spirit collages. We have:

- encouraged the members to walk around our garden and a number of members have helped grow and water plants.
- picked apples in the garden to make apple crumble.
- looked at Good and Bad Fruit from the garden, including a burnt-out bean. God wants us to bear good fruit and not the bad fruit such as being cross and jealous.
- discussed how we can grow as Christians and how we can keep close to Jesus and remain in him. This is through reading the bible, praying, asking questions and connecting with other Christians.

Some of the members have stated that the fellowship group is like their family doing church together.

Other Matters

Visitors

We are always pleased to welcome many visitors to the Centre, most of which phone to book in to see us in advance. Many are here of course to meet with a member, for Care Plan meetings, assessments of just to engage with them about their needs.

Shoebox appeal

For the 5th year running we are to be somewhat involved in the Blythswood Care Shoebox Appeal. We are doing things differently this year by just being a local depot for all who wish to drop off, or ask us to collect locally, filled shoe boxes.

Feature

Paul Meager, one of our support workers and a talented musician, took extended leave in the summer for mission work. Paul travelled with his wife to Pemba in Mozambique, staying for four weeks at a missionary base there run by Iris Global.

Paul writes. This was a return trip as we previously stayed at the base for a year with my family back in 2017, prior to working at Haven Day Centre.

The purpose of our visit was to reconnect with a group of Children from the local village that we supported last time they were there, and to visit a homework club that they established during their last visit at the secondary school run by the base. We also worked with a local Mozambican team to build a block house for one of the boy's families.

Many of the houses in Pemba are built with bamboo and mud and do not survive the torrential rains of the rainy season, and the houses have really suffered during the past year from the recent cyclone that hit Mozambique. With support from their local church in Kingswood, we were able to raise the funds to build the block house and got the boys involved to help with

carrying blocks and sand, and also collect water from the local stream.

During the stay in Pemba, we also worked with one of the boy's fathers, who was a builder, to repair three other houses which had been badly affected by the storms. It was a very busy trip with lots of manual labour supporting the builders, but it was so worthwhile to see four families provided with houses that would survive the rainy season for the coming years ahead.

Next Newsletter - feature on the role of Care Coordinator by Juliet Wynne

Free Quality Paper (50cm w, specify lengths required)
If interested in receiving some email Alex.

Holidays

Details of our 2020 holiday closures will be sent as a bookmark / coaster with our Winter Newsletter.

Alex, Juliet, Simon H, Lisa, Jackie, Denise, Philbert, Angela, Paul J, Paul, Jonathan and Simon



Telephone 0117 9851188

Manager: simon.david@havendc.org.uk

Contracts (work) Coordinator alex.porwal@havendc.org.uk

Care Coordinator Juliet.wynne@havendc.org.uk

Coordinator of volunteers & students

lisa.perkins@havendc.org.uk Mob. 07869661878